

## **Bwyd yn y gynhadledd**

**Bob bore**, bydd te, coffi a dŵr ar gael ynghyd â dewis o gacennau Danaidd bach.

Yn ystod egwyl y **prynhawn**, bydd te, coffi, dŵr a bisgedi ar gael.

**Cinio Dydd Sadwrn**, bydd dewis o frechdanau a wraps ffres wedi'u gwneud ar y safle, ac wedi'u llenwi â chigoedd lleol, pysgod a llenwadau llysieuol, yn cynnwys hadog mwg a quiche sbigoglys gyda wy soffliar, tortilla llysieuol gyda thomato sbeislyd a salsa pupur, cyw iâr Coroni, croute ciabatta a salad sy'n cynnwys dail salad tymhorol a colslo Cheddar Cymreig tymhorol. Y dewis o bwddin yw bisgedi siocled a chnau pecan cartref a phlatiad o ffrwythau ffres tymhorol.

**Cinio Dydd Sul**, bydd dewis o frechdanau a rhoiau gyda hadau wedi'u llenwi â chigoedd lleol, pysgod a llenwadau llysieuol, cig oen Cymreig a mintys mewn crwst ysgafn, tartled Carwyn mwg a nionyn wedi'i garameleiddio, goujon cyw iâr mewn briwsion bara gyda blas paprika mwg, darnau bach o gaws ar dost gyda bacwn crispiog / nionyn coch crispiog, sgon sawrus gyda chranc Cymreig ar ei ben pate, creision gyda halen môr Môn. Y dewis o bwddin yw cacenni cri cartref, dewis o bara brith a basged o ffrwythau ffres.

Bydd te, coffi, dŵr a sudd ffrwythau ar gael gyda chinio ar y ddau ddiwrnod.

**Tra gwneir pob ymdrech i gwrdd â'ch anghenion dietegol, rhowch wybod i ni os oes gennyh unrhyw anghenion dietegol arbennig, wrth i chi fwcio eich lle.**

## **Food at the conference**

Each **morning** there will be tea, coffee and water available with a selection of mini Danish pastries.

During **afternoon** breaks there will be tea, coffee, water and biscuits available.

**Saturday lunch** will be a selection of sandwiches and wraps freshly made on the premises including local meats, fish and vegetarian toppings, smoked haddock & spinach quiche with quail egg, vegetable tortilla served with a spicy tomato & pepper salsa, Coronation chicken ciabatta croute and salads comprising seasonal salad leaves and homemade Welsh Cheddar coleslaw. For dessert, homemade chocolate & pecan chewy cookie and seasonal fresh fruit platter.

**Sunday lunch** comprises a selection of sandwiches and seeded rolls including local meats, fish and vegetarian fillings, Welsh lamb and mint wrapped in puff pastry, caramelised onion and smoked Carwyn tartlet, breaded chicken goujon flavoured with smoked paprika seasoning, Welsh rarebit bites with crispy bacon/

crispy red onion, savoury scone topped with Welsh crab pate, Anglesey sea salt potato crisps. For dessert home-made Welsh cake and bara brith selection and a fresh fruit basket.

Tea, coffee, water and fruit juice will be available with lunch on both days.

**Whilst every effort has been made to suit a range of dietary requirements, please inform us of your specific requirements when booking.**

